

kids YOGA

For children, yoga increases flexibility, builds strength and balance assists with concentration, and encourages self control.

Breathe, Stretch, Focus and have fun!

1st - 6th grade ● **Fridays 3:45pm to 4:30pm**

Start Date: 01/13/2023 ● **End Date:** 05/12/2023

- 14 classes for only \$252.00
 - Please remember there will be **no classes** held on: 02/17/2023, 03/17/2023, 03/24/2023, and 04/14/2023
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Contact Information

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